Strive Pulse Check Report 2025 Strive Strive



GALLAGHER KAISER		QUARTERLY SUMMARY			
		Quarter 1	Quarter 2	Quarter 3	Quarter 4
Programming Initiatives		Strive Monthly Webinars & Meditation Moments	Strive Monthly Webinars & Meditation Moments	Strive Monthly Webinars & Meditation Moments	Strive Monthly Webinars & Meditation Moments
		Snooze or Lose Challenge Jan 1-22 (4 participants) Flex your Flexibility Challenge Mar. 3-31 (7 participants)	7 th Annual Strive Corporate Challenge May 7 -May 28 (14 Joined)	One Month Maddness Challenge Sept 1-Sept 30 (9 Participants)	
		No Presentations this Quarter	Feeding your Microbiome 4/22 (3 Viewed Live, 24 YouTube Views 1 tracked forms)	No Presentations this Quarter	
		Additional Offerings: N/A	Additional Offerings: N/A	Additional Offerings: N/A	
Participation Metrics	% of Census Active	5% (35 active users/644 eligible employees & spouses)	9% (54 active users/601 eligible employees & spouses)	8% (48 active users/605 eligible employees & spouses)	
	Completed Health Risk Assessment (HRA)	33 completions	32 completions	24 completions	
	Completed Well-Visit	16 completions	8 completions	22 completions	
	Health Hub	12 Views	29 Views	21 Views	
	Total Points Tracked	32,044	28,082	32,660	
	Avg. Points Per User	916	878	680	
Rewards Points Program Winners		1. Omid Behnam 2. Brian Cosgrove 3. Lisa Engels	1. Jack Beddow 2. Vivek Rathi 3. Douglas Smith	Anita Satasuk Hunter Jenuwine Amy Freeman	1. 2. 3.
		Structure: 3 Winners of a \$50 Gift Card			
		YEARLY GOALS STATUS			
		Quarter 1	Quarter 2	Quarter 3	Quarter 4
Goal: 200,000 total points earned		32,044 16% to goal of 200,000	60,126 30% to goal of 200,000	92,786 46% to goal of 200,000	
HRA Completion: Goal 50%		5% YTD completed 45% to goal	11% YTD completed 39% to goal	15% YTD completed 35% to goal	
Well-Visit Utilization: 40% of employees to receive well-visit incentive		2.5 % YTD Completed well-visits *note that majority of employees previously had their annual well-visits during Q4, so this % is expected to drastically increase following previous trends	4 % YTD Completed well-visits *note that majority of employees previously had their annual well- visits during Q4, so this % is expected to drastically increase following previous trends	8 % YTD Completed well-visits *note that majority of employees previously had their annual well-visits during Q4, so this % is expected to drastically increase following previous trends	
Upcoming Initiatives & Goals		Feeding Your Gut Microbiome Presentation Strive Corporate Challenge + Communication Campaign	Adding graphics to corporate televisions Flyer to get spouses emails One Month Madness Challenge	Added graphics to corporate televisions Flyer to get spouses emails	
		Portal Revamp Marketing Campaign Executive Review + Strategy Discussion Monthly Census Updates		Monthly Census Update	