



A FREE HEALTH SCREENING FOR YOU

We are pleased to offer **FREE** onsite health screenings again this year.

Available to all AJAX Paving employees, regardless of medical plan enrollment, and spouses covered under the AJAX Paving medical plan.

Your screening can help you:



Know your health numbers



Find health risks early



Take steps to improve your health



Earn the 2027 wellness incentive



YOUR PRIVACY MATTERS

Your personal health information is private.

Your individual screening results **will not** be shared with AJAX Paving.

Only you will receive your personal health report.

QUESTIONS?

We're here to help!



877-233-2296



strive@kapnick.com



Scan the QR code to visit your Health Hub and learn more about your health screenings.

RAS HEALTH COACHING PROGRAM

Didn't Meet the Score Requirement?

You can still earn your incentive by completing the **Reasonable Alternative Standard (RAS) Health Coaching Program**.



Enroll by:

January 8, 2027



Complete by:

March 5, 2027

This 6-week phone-based program pairs you with a health coach to review your results and create a personalized well-being plan.



2026 HEALTH SCREENING INFORMATION

AJAX Paving Michigan

Eligible for all employees and covered spouses enrolled in the medical plan



**The Future
is Riding on AJAX.®**

2026 SCREENING DATES & TIMES

HOW TO SCHEDULE

Starting **October 5, 2026**, schedule your health screening appointment on your wellness portal at www.kapnickstrive.com.

LOCATION	DATE(S)	TIME(S)
1957 Crooks Rd, Suite A Troy, MI 48084	Wednesday, October 21	6:00 AM - 11:00 AM
	Wednesday, November 11	6:00 AM - 11:00 AM
	Wednesday, December 9	6:00 AM - 11:00 AM

2027 WELLNESS INCENTIVE

Complete the required steps in this brochure to earn the 2027 Reward Contribution Rate.

Important: A physician form will **not** be accepted in place of the biometric health screenings.

2027 WELLNESS INCENTIVE

2027 Reward Contribution Rate

WHAT TO EXPECT

1 Log In & Complete Your HRA

Log in at www.kapnickstrive.com.

If this is your first time logging in this year, you will be prompted to complete your Health Risk Assessment (HRA) first.

You only need to complete the HRA **once per year**. If you already completed it, you do not need to complete it again.

2 Schedule Your Screening

Beginning **October 5, 2026**, log in to your wellness portal to schedule your onsite screening appointment.

Schedule early for the best choice of appointment times.

3 Attend Your Screening

Your onsite appointment takes about **10–15 minutes**.

A certified nurse or phlebotomist will perform your screening.

4 View Your Results

Your confidential health report will be available in your wellness portal about **7–10 business days** after your screening.

Your report includes:

- Your biometric results
- Your overall health score
- Personalized information to help you improve your health

5 Check Your Incentive Status

See the requirements on the right to confirm whether you earned your **2027 wellness incentive**.

EARN YOUR 2027 WELLNESS INCENTIVE

Participate in the 2026 health screenings to earn your 2027 wellness incentive.

FIRST TIME PARTICIPANTS

- ✓ Complete the Health Risk Assessment (HRA)
 - ✓ Complete your biometric health screening
- THEN complete ONE of the following:**
- Earn a health score of **70 or higher**
- OR**
- Complete the **RAS Health Coaching program**

RETURNING PARTICIPANTS

- ✓ Complete the Health Risk Assessment (HRA)
 - ✓ Complete your biometric health screening
- THEN meet ONE of the following:**
- Earn a health score of **70 or higher**
- OR**
- Improve previous health score **5 or more points**
- OR**
- Complete the **RAS Health Coaching program**

DIDN'T MEET THE SCORE REQUIREMENT?

You can still earn the wellness incentive by completing the **Reasonable Alternative Standard (RAS) Health Coaching Program**. See the **back** of this brochure for more information.

- **RAS enrollment deadline: January 8, 2027**
- **RAS completion deadline: March 5, 2027**