## Make Eye Health a Priority

Vision insurance can help you maintain your overall health. Routine eye exams can spot vision problems like glaucoma, myopia, cataracts, and more. Exams can also detect signs of health conditions, such as high blood pressure and diabetes, even before symptoms appear.

## What is covered under vision insurance?



Annual or biannual exams



Eyeglass frames and lenses



Contact lenses

## How does vision insurance work?

For vision coverage, you pay a premium or membership fee. Then, when you visit your eye doctor or purchase corrective lenses, like eyeglasses or contacts, you pay a reduced amount for services. Eye exams will typically be covered at 100% or have a small copay.

Corrective lenses are usually covered with a copay or a maximum allotted amount per year. If you are given an allotted amount, you would only have to pay if the eyewear exceeds that amount. For example, if your insurance covers eyeglass frames up to \$120 and the frames cost \$160, you would only have to pay the additional \$40.



