



A FREE HEALTH SCREENING FOR YOU

We are pleased to offer **FREE** onsite health screenings again this year to all employees and covered spouses enrolled in the company medical plan.

Your screening can help you:



Know your health numbers



Find health risks early



Take steps to improve your health



Earn your **2027** wellness incentive - up to **\$2,400***



YOUR PRIVACY MATTERS

Your personal health information is private.

Your individual screening results **will not** be shared with Huron Valley Steel Corp., Fritz Enterprises Inc., or Kapnick Insurance.

Only you will receive your personal health report.

QUESTIONS?

We're here to help!



877-233-2296



strive@kapnick.com



Scan the QR code to visit your Health Hub and learn more about your health screenings.

RAS HEALTH COACHING PROGRAM

**Didn't Qualify?
You Still Have Another Opportunity.**

You can still earn your incentive by completing the **Reasonable Alternative Standard (RAS) Health Coaching Program**.



Enroll by:

October 16, 2026



Complete by:

December 4, 2026

This 6-week telephonic program pairs you with a health coach to review your results and create a personalized well-being plan.



2026 HEALTH SCREENING INFORMATION

**Huron Valley Steel Corp.
& Fritz Enterprises Inc**

Eligible for employees and covered spouses enrolled in the medical plan



2026 SCREENING DATES

LOCATION	DATE(S)
Anniston, AL	Saturday, August 8
	Wednesday, August 12
Belleville, MI	Wednesday, August 5
	Saturday, August 15
Cleveland, OH	Thursday, August 13
Corporate Office + R&D	Tuesday, August 4
	Saturday, August 22
Fairfield, AL	Tuesday, August 11
Flint, MI	Friday, August 14
Gary, IN	Friday, August 7
	Sunday, August 9
River Rouge, MI	Tuesday, August 11
	Thursday, August 13
Taylor, MI	Wednesday, August 12
Tucson, AZ	Tuesday, August 11



NEED A HOME SCREENING KIT?

If you cannot attend one of the onsite screening events, you may request a home screening kit.

Request your kit by:
August 31, 2026

Employer approval is required.

REQUEST A KIT



To request a kit:

- Scan the QR code
OR
- Email: strive@kapnick.com

WHAT TO EXPECT

1

Log In & Complete Your HRA

Log in at www.kapnickstrive.com.

If this is your first time logging in this year, you will be prompted to complete your Health Risk Assessment (HRA) first.

You only need to complete the HRA **once per year**. If you already completed it, you do not need to complete it again.

2

Schedule Your Screening

Beginning **July 14, 2026**, log in to your wellness portal to schedule your onsite screening appointment.

We recommend scheduling early to get the appointment time that works best for you.

3

Attend Your Screening

Your onsite appointment takes about **10–15 minutes**.

A certified nurse or phlebotomist will perform your screening.

4

View Your Results

Your confidential health report will be available in your wellness portal about **7–10 business days** after your screening.

Your report includes:

- Your biometric results
- Your overall health score
- Personalized information to help you improve your health

5

Check Your Incentive Status

See the requirements on the right to confirm whether you earned your **2027 wellness incentive**.

EARN YOUR 2027 WELLNESS INCENTIVE



Participate in the 2026 health screenings to earn your 2027 wellness incentive.

FIRST TIME PARTICIPANTS

- ✓ Complete the Health Risk Assessment (HRA)
- ✓ Complete your biometric health screening

RETURNING PARTICIPANTS

- ✓ Complete the Health Risk Assessment (HRA)
- ✓ Complete your biometric health screening

THEN meet ONE of these score requirements:

- Earn a health score of **70 or higher**

OR

- Improve previous health score **5 or more points**

Did not meet either score requirement?

You can still earn the wellness incentive by completing the **RAS Health Coaching Program**. See the **back** of this brochure for more information.

NEW UPDATE

2027 WELLNESS INCENTIVE

	Employee Only	Employee + Covered Spouse
Participation	\$600	\$600 each
Meet requirements	additional \$600	additional \$600 each
Total Possible Incentive Amount	\$1,200	\$2,400