

EVERSIGHT HEALTH SCREENING EMPLOYEE REPORT

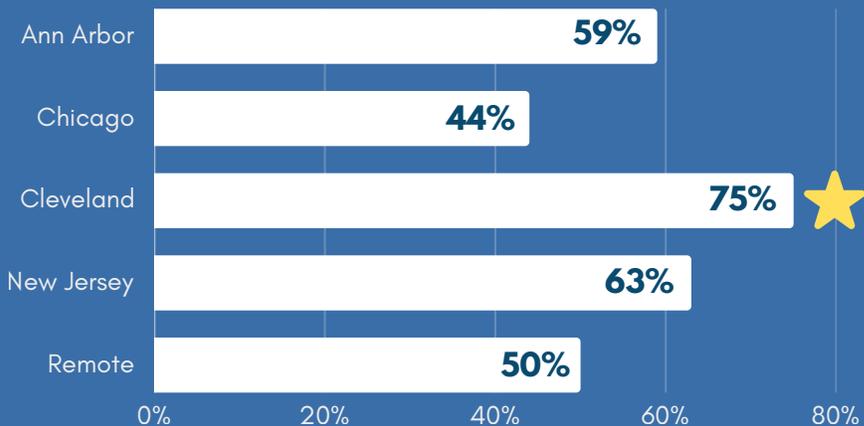
2025

54%

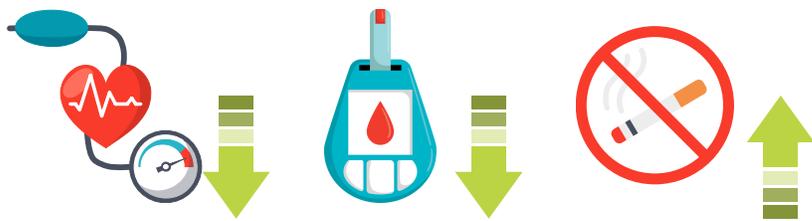
The percent of Eversight employees that participated in the health screenings.



This graph shows the percent of employees participating in the health screenings in different Eversight locations.



Among all health screening participants, blood pressure, glucose, and nicotine usage **decreased** from 2024 to 2025.



NICOTINE USAGE



The percent of U.S. adults that used a tobacco product in 2022 (CDC).



The percent of Eversight employees that tested positive for nicotine.

27%

The percent of participants that **improved their health score** between 2024 and 2025.

Knowing your numbers is the first step toward growth!

AVERAGE HEALTH SCORE

88

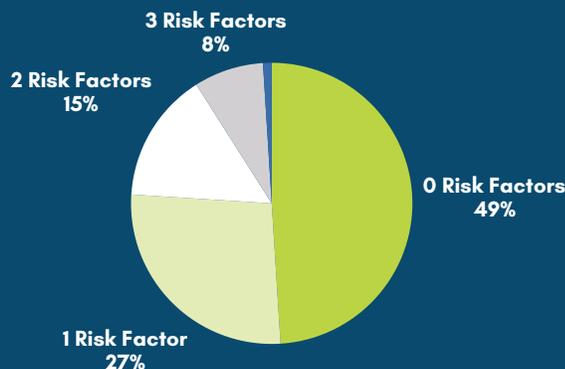
The average participant health score fell in the **Ideal Risk** category. This is the highest average in program history at Eversight!

METABOLIC SYNDROME

Metabolic Syndrome is defined as having **three or more** of the following traits, including those that are controlled with medication:

- Large Waist Circumference
- High Triglycerides
- Low HDL Cholesterol
- High Blood Pressure
- Elevated Blood Sugar

9% of health screening participants had Metabolic Syndrome. This is **cut in half** from 2024!



\$46,000

The collective savings of the Eversight employees that participated in the health screenings and met the incentive criteria. **That's \$500 each!**



99% of participants were incentive-eligible.