

# WEBINAR: MINDFUL CONSUMPTION

## THE IMPACTS OF WANTING MORE



Learn how being thoughtful about our choices helps us find contentment and can lead to a more intentional, sustainable lifestyle

WEDNESDAY,  
NOVEMBER 19TH  
12:00 P.M.-12:30 P.M.  
EST



Join this **Kapnick Strive** webinar to explore the effects of overconsumption and how the desire for more affects our lives and the planet.



**SCAN TO REGISTER**

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