

MINDFUL CONSUMPTION: THE IMPACTS OF WANTING MORE

If everyone were to consume resources at the rate at which people in the United States do, **at least five earths would be needed** *[UNICEF Innocenti]*.

The World Bank projects that **global waste generation will increase by 70% from 2020 levels by 2050**, reaching a staggering 3.4 billion tons per year.

Explore the effects of overconsumption and how the desire for more affects our lives and the planet. **Learn how being thoughtful about our choices helps us find contentment in a more intentional and sustainable lifestyle.**

REGISTER TO LEARN MORE ABOUT MINDFUL CONSUMPTION!



**JOIN KAPNICK STRIVE ON
WEDNESDAY, NOVEMBER 19TH
12:00 P.M.-12:30 P.M. EST**

Scan to register or visit
www.info.kapnick.com/strive-monthly-webinars.