

WEBINAR

THE FUTURE OF HEALTH: EXPLORING AI IN WELLNESS

AI tools and wearable devices are reshaping wellness. Can tuning in to tech really get us in touch with our bodies?

WEDNESDAY,
JULY 29TH
12:00 PM - 12:30 PM
EST



Join this **Kapnick Strive** webinar to learn how to use health AI tools to support—not replace—personalized well-being. We'll cover the pros, cons, and what to watch for.

SCAN TO REGISTER
OR VISIT [INFO.KAPNICK.COM/STRIVE-MONTHLY-WEBINARS](https://info.kapnick.com/strive-monthly-webinars)

